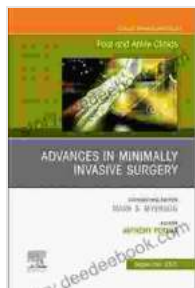


# Advances in Minimally Invasive Surgery: An Issue of Foot and Ankle Clinics of North America



**Advances in Minimally Invasive Surgery, An issue of Foot and Ankle Clinics of North America (The Clinics: Orthopedics)** by Dani Rodrik

★★★★☆ 4.7 out of 5

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Minimally invasive surgery (MIS) is a surgical approach that involves making small incisions and using specialized instruments to perform the procedure. MIS offers several advantages over traditional open surgery, including less pain, scarring, and recovery time.

In this issue of Foot and Ankle Clinics of North America, we present an update on the latest advances in MIS techniques for the foot and ankle.

## MIS Techniques for the Foot

There are a variety of MIS techniques that can be used to treat foot conditions. These techniques include:

\* **Arthroscopy:** Arthroscopy is a surgical procedure that allows the surgeon to visualize the inside of a joint. This procedure is commonly used to treat conditions such as ankle sprains, cartilage tears, and arthritis. \*

**Endoscopic plantar fasciotomy:** Endoscopic plantar fasciotomy is a surgical procedure that releases the plantar fascia, a thick band of tissue that runs along the bottom of the foot. This procedure is commonly used to treat plantar fasciitis, a condition that causes pain in the heel. \*

\* **Minimally invasive bunionectomy:** Minimally invasive bunionectomy is a surgical procedure that corrects bunions, a deformity of the big toe. This procedure is less invasive than traditional open bunionectomy, and it results in less pain and scarring. \*

\* **MIS hammertoe correction:** MIS hammertoe correction is a surgical procedure that corrects hammertoes, a deformity of the toes. This procedure is less invasive than traditional open hammertoe correction, and it results in less pain and scarring.

## **MIS Techniques for the Ankle**

There are also a variety of MIS techniques that can be used to treat ankle conditions. These techniques include:

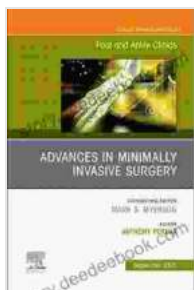
\* **Ankle arthroscopy:** Ankle arthroscopy is a surgical procedure that allows the surgeon to visualize the inside of the ankle joint. This procedure is commonly used to treat conditions such as ankle sprains, cartilage tears, and arthritis. \*

\* **Endoscopic Achilles tendon repair:** Endoscopic Achilles tendon repair is a surgical procedure that repairs a torn Achilles tendon.

This procedure is less invasive than traditional open Achilles tendon repair, and it results in less pain and scarring. \*

\* **MIS ankle fusion:** MIS ankle fusion is a surgical procedure that fuses the bones of the ankle joint. This procedure is commonly used to treat severe arthritis of the ankle.

MIS is a rapidly evolving field, and there are constantly new advances being made in MIS techniques for the foot and ankle. These techniques offer several advantages over traditional open surgery, and they are increasingly being used to treat a wide variety of foot and ankle conditions.



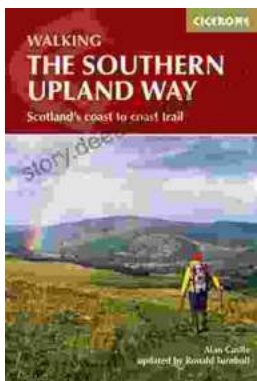
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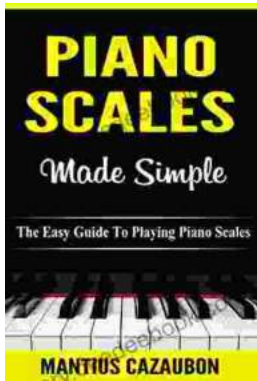
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