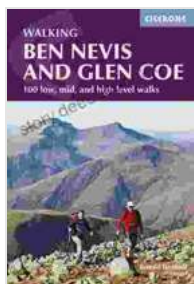


100 Low Mid and High Level Walks: Cicerone Walking Guides

The UK is a walker's paradise, with a vast network of footpaths and trails to explore. Whether you're a beginner looking for a gentle stroll or an experienced hiker seeking a challenging ascent, there's a walk out there to suit you.

In this article, we'll take a look at 100 of the best low, mid, and high-level walks in the UK, as featured in Cicerone's Walking Guides. We'll provide detailed descriptions of each walk, including distance, duration, difficulty level, and highlights. We'll also include maps and photos to help you plan your adventure.

Low level walks are perfect for beginners or those looking for a gentle stroll. They're typically flat or gently undulating, and they often follow well-established paths. Here are a few of our favorite low level walks:



Ben Nevis and Glen Coe: 100 low, mid, and high level walks (Cicerone Walking Guides) by Ronald Turnbull

★★★★☆ 4.5 out of 5

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Screen Reader : Supported
Enhanced typesetting : Enabled
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Print length : 321 pages



- **The Cotswold Way:** This 102-mile trail follows the Cotswold escarpment, offering stunning views of the rolling hills and valleys.
- **The South Downs Way:** This 100-mile trail runs along the South Downs National Park, offering views of the chalk cliffs and rolling hills.
- **The Ridgeway:** This 87-mile trail follows an ancient ridgeway, offering panoramic views of the surrounding countryside.
- **The Hadrian's Wall Path:** This 84-mile trail follows the line of Hadrian's Wall, offering a glimpse into Roman history.
- **The Thames Path:** This 184-mile trail follows the River Thames, offering a variety of scenery, from urban landscapes to rural idylls.

Mid level walks are a bit more challenging than low level walks, but they're still suitable for most walkers. They may involve some hills or uneven terrain, but they're not too strenuous. Here are a few of our favorite mid level walks:

- **The Yorkshire Three Peaks:** This 24-mile challenge involves climbing the three highest peaks in Yorkshire: Pen-y-ghent, Wharfedale, and Ingleborough.
- **The Snowdon Horseshoe:** This 9-mile horseshoe-shaped walk offers stunning views of Snowdonia National Park.
- **The Scafell Pike Horseshoe:** This 12-mile horseshoe-shaped walk offers challenging ascents and stunning views of the Lake District.
- **The Ben Nevis Horseshoe:** This 10-mile horseshoe-shaped walk offers challenging ascents and stunning views of the Scottish Highlands.

- **The Cuillin Ridge:** This 12-mile ridge walk offers stunning views of the Isle of Skye.

High level walks are the most challenging, but they also offer the most rewarding views. They typically involve steep ascents and rough terrain, and they're only suitable for experienced walkers. Here are a few of our favorite high level walks:

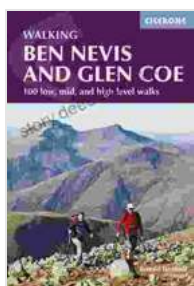
- **The Ben Nevis Challenge:** This 10-mile walk to the summit of Ben Nevis, the highest mountain in the UK, is a must-do for any serious walker.
- **The Scafell Pike Challenge:** This 12-mile walk to the summit of Scafell Pike, the highest mountain in England, is another challenging but rewarding walk.
- **The Snowdon Horseshoe Challenge:** This 15-mile walk around the Snowdon Horseshoe is one of the most challenging walks in the UK.
- **The Cuillin Ridge Traverse:** This 12-mile traverse of the Cuillin Ridge is a serious challenge, but it offers stunning views of the Isle of Skye.
- **The Aonach Eagach Ridge:** This 5-mile ridge walk in the Scottish Highlands offers stunning views and a thrilling challenge.

Once you've chosen a walk, it's important to plan your adventure carefully. Here are a few tips:

- **Check the weather forecast.** Make sure you're prepared for all types of weather, especially if you're planning a high level walk.

- **Pack the right gear.** Bring sturdy walking boots, waterproof clothing, a map and compass, and plenty of food and water.
- **Let someone know your plans.** Tell a friend or family member where you're going and when you expect to be back.
- **Follow the Countryside Code.** Be respectful of the countryside and other walkers.

The UK is home to some of the best walking in the world. With a variety of low, mid, and high level walks to choose from, there's something for everyone. So get out there and explore the great outdoors!



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